

The
**MUSTARD
SEED**

LUNCH MENU

September 2026 12pm-3pm

2 Courses £18.95

To Start

Soup of the Day (GF, DF, V)

Pulled Ham Hock & Pea Terrine (GF, DF)

Caramelised red onion marmalade & dressed crispy salad

"Classic Caesar Salad" (GFO, DFO)

Crispy bacon lardons, finely grated Parmesan, herb croutons & Caesar dressing

Garlic & Herb Chicken Wings (GF, DF)

Crunchy Asian slaw & sweet chilli sauce

Panko Breaded Wedge of Scottish Brie

Roasted tomato chutney & crispy dressed salad

To Follow

Pan-Fried Breast of Chicken (GF, DFO)

Creamy mashed potato, roasted seasonal vegetables & red wine jus

Munros of Inverness Rump Steak (£3.95 supplement) (GF, DFO)

Garlic crushed potato, roasted seasonal vegetables & creamy peppercorn sauce

Pan-Fried Fillet of Seabass (GF, DFO)

Roasted butternut squash risotto, herb oil & crumbled feta

Loin of Scottish Cod (GF, DFO) Dill-buttered baby potatoes, steamed greens & warm tartare sauce

Soft Potato Gnocchi (DFO) Creamy wild mushroom sauce, cherry tomatoes & wilted spinach

Sides

Seasonal Selection of Vegetables (GF) (DF) £2.95

French Fries (GF) £3.75 (Add Truffle & Parmesan £1.00)

Mustard Seed House Salad (GF) (DF) £3.00 Starter portion available £5.50

Garlic Flatbread £3.15 (Add cheese £0.95)

At the Mustard Seed Restaurant we take food allergies and dietary requirements seriously. While every effort is made to accommodate specific needs, we cannot guarantee that any dish is completely free from allergies, as all food is prepared in a kitchen where allergens are present.

If you have a food allergy or intolerance, please inform a member of our team before placing your order, and we will do our best to guide you appropriately.

Wifi Password : Letmein123

DFO Dairy Free Option GF Gluten Free GFO Gluten Free Option V Vegetarian VE Vegan O Organic