

The
**MUSTARD
SEED**

DINNER MENU

October 2026 5pm-10pm

To Start

Soup of the Day (GF, DF) **£4.50**

Pulled chicken and apricot terrine, caramelised red onion marmalade,
crispy dressed salad and herby crostini (GFO, DF) **£8**

Beetroot smoked Scottish salmon bruschetta,
avocado puree, crispy lilliput capers (GFO, DFO) **£9**

Macsween black pudding bonbons,
curry mayonnaise and crispy dressed salad **£8.95**

Grilled goats cheese salad, sweet cherry tomatoes,
crispy salad, herby croutons and balsamic reduction (GFO) **£8**

To follow

Munros of Inverness sirloin steak, creamy spring onion mashed potato, roasted
carrots, tender-stem broccoli and green peppercorn sauce (GF, DFO) **£31.95**

Seastocks fillet of Scottish salmon, baby dill potatoes, steamed greens,
crispy kale and white wine and garlic cream sauce (GF, DFO) **£26.95**

Pan roasted breast of Gressingham duck, black pudding crushed potatoes,
roasted carrots, tender-stem broccoli and red wine jus (GFO, DFO) **£28.50**

Pan roasted tail of Scottish monkfish, herb and pomegranate cous-cous,
harissa and lime dressing (GFO, DF) **£27.95**

Butternut squash and red lentil wellington, creamy spring onion mashed potato,
roasted carrots, tender-stem broccoli and red wine jus (DFO) **£20**

Sides

Seasonal Selection of Vegetables (GF) (DF) **£2.95**

French Fries £3.75 (Add Parmesan & Truffle £1.00)

Mustard Seed House Salad (GF) (DF) **£3.00**, Starter portion available **£5.50**

Garlic Flatbread £3.15 (Add cheese £0.95)

At the Mustard Seed Restaurant we take food allergies and dietary requirements seriously. While every effort is made to accommodate specific needs, we cannot guarantee that any dish is completely free from allergies, as all food is prepared in a kitchen where allergens are present.

If you have a food allergy or intolerance, please inform a member of our team before placing your order, and we will do our best to guide you appropriately.

Wifi Password : Letmein123

DFO Dairy Free Option GF Gluten Free GFO Gluten Free Option V Vegetarian VE Vegan O Organic